



## JACOB'S LIMP

### GOING HOME

That night Jacob got up and took his two wives, his two maidservants and his eleven sons and crossed the ford of the Jabbok. <sup>23</sup> After he had sent them across the stream, he sent over all his possessions.

Genesis 32:22-23

### A FIGHT FOR HIS LIFE

So Jacob was left alone, and a man wrestled with him till daybreak.

Genesis 32:24

### THE WOUNDS THAT COME FROM GOD

When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man. <sup>26</sup> Then the man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me."

Genesis 32:25-26

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**NOTES** - The icons below may be helpful as you take notes on the outline.




### A NEW NAME

The man asked him, "What is your name?" "Jacob," he answered. <sup>28</sup> Then the man said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with men and have overcome." <sup>29</sup> Jacob said, "Please tell me your name." But he replied, "Why do you ask my name?" Then he blessed him there.

Genesis 32:27-29

### FACE TO FACE

So Jacob called the place Peniel, saying, "It is because I saw God face to face, and yet my life was spared."

Genesis 32:30

### WALKING WITH A LIMP

The sun rose above him as he passed Peniel, and he was limping because of his hip. <sup>32</sup> Therefore to this day the Israelites do not eat the tendon attached to the socket of the hip, because the socket of Jacob's hip was touched near the tendon.

Genesis 32:31-32

### NEXT STEPS

- o Learn Jacob's Story — Read Genesis 12 - 50
- o Learn Your Story — Recommended Readings
  - Till We Have Faces* by CS Lewis
  - To Be Told: Know Your Story, Shape Your Future* by Dan B. Allendar
  - Boundaries* by Henry Cloud
  - Breaking Free* by Beth Moore
  - Good & Beautiful God* by James Bryan Smith
  - The Life You've Always Wanted* by John Ortberg
- o Share Your Story — Groups
- o Enter Jesus' Story

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